

**February, 2016**

**Vol. 36  
Issue 2**

Dear Friends,

We are in the midst of the annual pre-Lenten season referred to as Carnival. Traditionally, this is a season of celebration as well as a time of purging ourselves and our shelves of those things that will distract us from having a Holy Lent. As the celebration comes to an exciting end on Mardi Gras, the party is over, and it is time to get down to spiritual business.

While Mardi Gras may seem more fun than Lent, this holy season is a true gift from God through the Church. We should rejoice in the opportunity to slow down in our lives a bit and to seek a closer relationship with God. To accomplish this, folk often take on a spiritual discipline such as giving up something meaningful as a reminder that our focus is supposed to be on the Lord. Some spend extra time volunteering or reading the Bible or attending extra worship services. While our Lenten sacrifice should be meaningful, it does not have to be an extra burden in our life.

The forty days of Lent (Sundays are not included) are a reminder of the forty days Jesus spent on retreat in the wilderness just after His baptism. He was

# The Philippian

**The Philippian  
St. Philip's Episcopal Church  
3643 Aurora Drive  
New Orleans, LA 70131-5599**

tempted during those days, but he persevered and was able to resist temptation. Spiritually, we join Him in the wilderness during Lent, and this is a time to recognize and acknowledge before God those temptations in our lives which draw us away from God. Once we acknowledge our temptations, we can then repent and return to God.

The first day of Lent is Ash Wednesday. Ashes have been used as a sign of penitence since the earliest of biblical times. When folk were truly sorry for things they had done wrong, they would cover their head in ashes. We receive ashes on our foreheads as a sign of our need for penitence and as a reminder that we have only one shot at life in this creation, and Lent is a time to improve that life by getting closer to God.

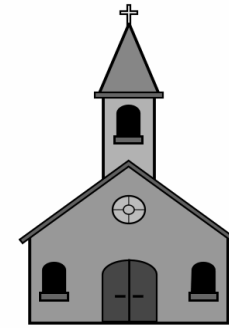
I hope everyone has a festive Mardi Gras, and I pray we all take advantage of the Church's gift and have a Holy Lent.

In Christ,

*Fr. Steve +*

### **End of Life Planning**

End of life planning is not something most of us want to deal with, but making wishes known for you and those you love is important and can relieve much stress when our earthly life ends. Information on end of life advanced planning and the things we all need to know when someone in our family dies is now available. Please contact Fr. Steve to make an appointment to receive this information and to make certain your wishes are known.



### **The Vestry and Vestry Notes**

1. The annual discretionary fund certificate was introduced and signed.
2. The 2016 budget was discussed and adopted. Several cuts were made in the budget, and it was approved with a 7,000.00 deficit.
3. The logistics of the annual meeting were discussed, and the vestry thanked retiring members Mark Bullard and Susette Bradley.

### **January Church Opening**

Joy Kaler, Grace Benson

### **Office Hours:**

9:00 AM - Noon, Mon.-Fri.

Bookstore Hours: 9:00 AM - Noon, Sunday

Office & Bookstore: 394-2408; Fax: 394-2450

Email: [stphilipsno@msn.com](mailto:stphilipsno@msn.com)

Website: [stphilipsno.org](http://stphilipsno.org)

**Regular Worship Schedule**

**Weekend Services**

**Sunday:**

8:00 AM Holy Eucharist, Rite I  
 9:00 AM Coffee and Fellowship  
 10:30 AM Holy Eucharist, Rite II  
**Sunday School up to 12 yrs old**  
 11:40 AM Coffee and Fellowship

**Saturday:**

5:00 PM Holy Eucharist, Rite II

**Weekday Services**

**Monday:**

8:30 AM Morning Prayer  
 2:00 PM The Landing

**Tuesday:**

8:30 AM Morning Prayer  
 6:30 PM Adult Bible Study

**Wednesday:**

9:00AM Holy Eucharist  
 followed by Adult Bible Study

**Thursday:**

8:30 AM Morning Prayer

**February Church Closing**

<b>7th</b>	Frances Webb	Callie Fitzgerald
<b>14th</b>	Norma Gatlin	Martin Lowe
<b>21st</b>	Kayce Stackel	Keith Herron
<b>28th</b>	Bobbie Durkovich	Susan Smith



**Bring in your aluminum soda cans and Jamie Camardelle will turn them in for recycling and cash for our church !**

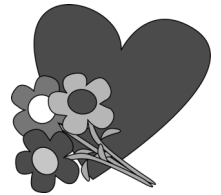
***Annual Pancake Breakfast Fundraiser Sunday***



This Sunday, February 7th, there will be hot pancakes served after both services, prepared by our own Chef Gordon Stackel. Donations will be accepted and will be used toward the maintenance of our buildings.

**Valentine's Saturday, Parents Evening Out  
 Saturday, February 13th, 6:30-9:30 PM**

Take your sweetheart for a night out and bring the kids to play with us. A movie, crafts and dinner will be provided. \$10.00 donation to attend. Contact Mimi for more information.



**History of Church and State**

**Rob Zrabkowski** continues his teachings on Sunday, February 21st, 9:15 AM, between services. This month's topic will be "The end of the English Civil Wars and the Trial of Charles I". Come join us.

***St. Philip's Book Club***

*The book club had it's first meeting and it was a lovely evening. It was decided the club will meet the 4th Thursday of each month in the Ministries Center. The next meeting will be Thursday, February 25th at 6:30PM The book is.. "Go Set a Watchman" by, Harper Lee.*

*We hope you can join us.*



## Sanctuary Farms and Wellness News.....

Hello Wellness Fans!

Many of you know that we have been focusing on digestive system health and how it can affect all body systems. We can do our best to pour in the nutrients and try to live a healthy lifestyle, but if the functioning of our digestive system is compromised, much of our effort is wasted as nutrients are not properly digested and absorbed. Through our research, we have rediscovered the lost art of home made fermented foods and the benefits of these foods to the health and proper functioning of our digestive systems. In line with Sanctuary Farms' mission to help folks get to their optimum health, we have developed the **Pro-biotic Foods Production and Distribution Initiative**. Through this program, you are invited to an educational tasting where you have the opportunity to see the different forms and versatility of these products, learn how to make them for yourself and your family and challenge your taste buds to something new, different and extremely beneficial to your body and your wallet. Sanctuary Farms can also provide these foods for you for a donation to our ministry which can easily be made at [sanctuaryfarmspc.org](http://sanctuaryfarmspc.org). Please contact me for more information.

The next **Wellness Wednesday** will be **Wednesday, March 16th, 6:30pm in the Parish Hall**. The Sunday before this event is the beginning of daylight savings time, so, you will have turned your clocks forward, making daylight longer and allowing us to get outside into God's creation and enjoy the blessings of sun, warmth, and the activity in God's theatre. Until then, it's a great time to clean out your gardens to prepare for spring planting. Seedlings will be available at this event to get you off to a good start. We will be discussing gardening and growing healthy food for your body. There will be a participatory dinner that night, so again, no Prep and Prepare.

Hope to see you there!

**Lots of love, Mimi**

### February Readings

**7th** *Last Sunday After the Epiphany*

Exodus 34:29-35

Psalm 99

2 Corinthians 3:12-4:2

Luke 9:28-43a

**14th** *First Sunday in Lent*

Deuteronomy 26:1-11

Psalm 91:1-2, 9-16

Romans 10:8b-13

Luke 4:1-13

**21st** *Second Sunday in Lent*

Genesis 15:1-12, 17-18

Psalm 27

Philippians 3:17-4:1

Luke 13:31-35

**28th** *Third Sunday in Lent*

Exodus 3:1-15

Psalm 63:1-8

1Corinthians 10:1-13

Luke 13:1-9



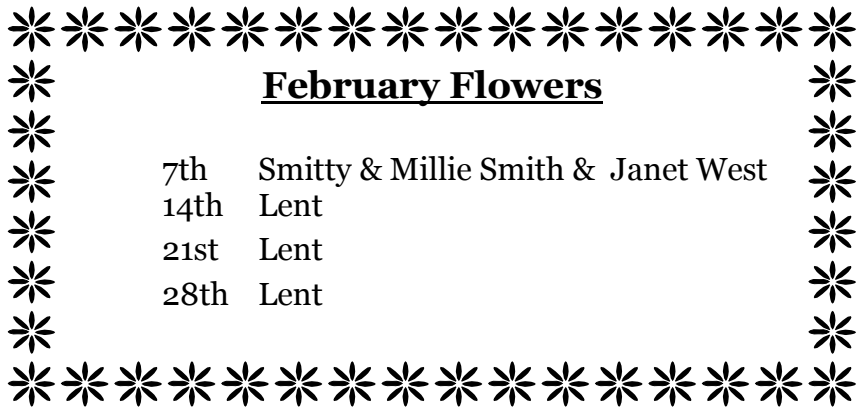
**We Can Help!**

*St. Philip's is offering tutoring!*

Tutoring sessions are being offered here at the church Monday through Friday, 3:00PM to 6:00PM. Anyone who needs or knows someone who needs help, contact the church office at 394-2408 or Jamie Camardelle 208-0054

### December Financial Statement

<b>Income:</b>	<b>\$17,496.00</b>
<b>Expenses:</b>	<b>-\$16,568.00</b>
<b>YTD Projected Net Income:</b>	<b>-\$32,314.00</b>
<b>YTD Actual:</b>	<b>-\$7,341.00</b>



### February Flowers

7th Smitty & Millie Smith & Janet West  
14th Lent  
21st Lent  
28th Lent

**From the Parish Register**  
Nothing to Report this Month

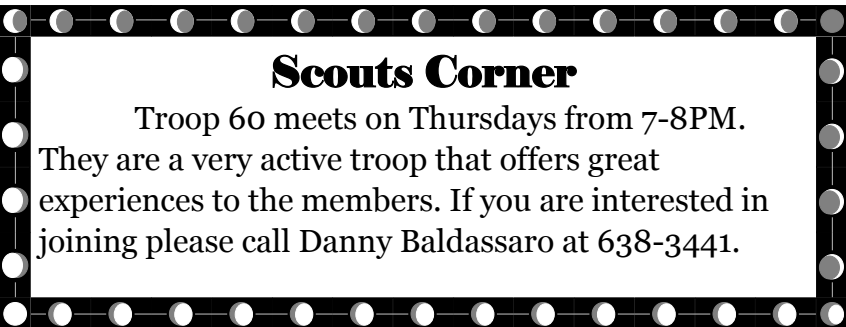


### ***To Serve your Church is to Serve God***

Volunteers are needed in all areas of church service!

**Ushers, Hospitality, Altar Guild, Choir, LEMs,  
Lectors, Acolytes, General Maintenance, etc.**

These groups are all very important and in need of new members. To sign up, contact the office or  
Melissa Zrabkowski at 504-952-8190.



### **Scouts Corner**

Troop 60 meets on Thursdays from 7-8PM.  
They are a very active troop that offers great experiences to the members. If you are interested in joining please call Danny Baldassaro at 638-3441.

### **Outreach and Evangelism Committee (O&E)**

Our work with the developing Civic Association in this area has been exciting as monthly this group grows and each new member walks through our doors to attend the monthly meetings. Please join us if you live in the neighborhood or would like to be involved. The next **Aurora Gardens Civic Association Meeting** will be **Thursday, February 11th, 7pm** in the **Parish Hall**. The guest speaker will be **Mr. Mort Kelly**, a licensed parliamentarian who will speak about formally running our meetings, then chair a part of the meeting to elect officers.

At home, we will be sending our 3rd outreach ad to the community within this week. Our schedule of events through April is quite busy. Please join us and invite your friends to come and see the great things happening here. The next **O&E meeting** will be **Wednesday, April 20th at 6:30pm** in the **Ministries Center**. We will be working on plans for the summer and need your input. Contact Mimi for more info.

**504-394-2408**

### **First Fridays**

It's Carnival time! Therefore, there will be no First Friday in February. If you would like to sign up to host First Friday in March or April, please contact the office.

First Fridays are an opportunity to share time with our church family and have lots of fun too!



### **Donate with PayPal!**

**Supporting our church home is easy!**

Mail-in, place in plate, or pay online with one-time or monthly automatic payments. To set up your donation, just log onto the website at **stphilipsno.org** and click on **Donate by PayPal**. Fill out the form to set your offering. We also have a device on site allowing us to accept credit or debit card donations of any kind! If you need help with this process, please contact Mimi or Dagny at the office!

**Serving Our Worship in February**  
**8:00AM Eucharist**

**Lectors**

- 7th Frances Webb  
10th **ASH WEDNESDAY**  
Noon Frances Webb  
6PM Don Schwarzenbach  
14th Allen Hero  
21st Allen Hero  
28th Mark Bullard



**Lay Eucharistic Ministers**

- 7th Frances Webb  
10th **ASH WEDNESDAY**  
Noon: Frances Webb  
6:00 PM: Don Schwarzenbach  
14th Allen Hero  
21st Norma Gatlin  
28th Mark Bullard



**Serving Our Worship in February**  
**10:30 AM Eucharist**

**Lectors**

- 7th Don Schwarzenbach  
14th Jamie Camardelle  
21st Martin Lowe  
28th Susette Bradley



**Lay Eucharistic Ministers**

- 7th Mark Bullard  
14th Jean Heintz  
21st Sherri Hammatt  
28th Brett Heintz



**Ash Wednesday Services (Mass and Ashes)**  
7AM, 9AM, Noon, 2PM (Landing) and 6PM.



**Stations of the Cross during Lent**  
Friday mornings at 8AM.

**February Ushers**

- 7th Melissa Zrabkowski & Brett Heintz  
14th Jim Lyon & Jim Olsen  
21st Mary Ann & Casey Bass  
28th Pamala & Morris Judd

**February Acolytes**

- 7th Sophia Lucurto  
14th Douglas Stinson  
21st Jamie Camardelle  
28th Sophia Lucurto

**Altar Guild for February**

- 7th Betty Gaudet, Mary Olsen, Don Schwarzenbach,  
Frances Webb  
14th Joy Kaler, Connie Brechtel, Anne Cain  
21st Mary Ann Bass, Grace Benson, Anne Lewis,  
Pamala Judd  
28th Pat Blackman, Martine Lowe, Joy Miller

**February Hospitality Guild**  
**St. Catherine Team**

**Team Captain: Grace Benson**  
Debra Bullard, Callie Fitzgerald, Tiffanie Stinson,  
Melissa Zrabkowski, Alma Evans-Herron